



willow

YOU ARE NOT ALONE

# YOU DESERVE TO BE SAFE

Abuse is not just physical.

OUR ADVOCATES ARE HERE FOR YOU 24/7

📞 CALL (585) **222-SAFE** (7233)

💬 TEXT (585) **348-SAFE** (7233)

ALL SERVICES FREE & CONFIDENTIAL

A Willow advocate will **LISTEN**  
to you, **TRUST** how you're feeling  
in the moment, and **RESPECT** the  
next best steps for you.

**LEARN MORE AT [WILLOWCENTERNY.ORG](https://willowcenterny.org)**

Contact Willow's Hotline for safety planning, emergency shelter,  
housing, counseling, legal services, education and training.

willow   
Domestic Violence Center