# PHYSICAL VIOLENCE SEXUAL

### **USING COERCION** AND THREATS

Making and/or carrying out threats to do something to hurt her . threatening to leave her, to commit suicide, to report her to welfare . making her drop charges . making her do illegal things.

## USING INTIMIDATION

Making her afraid by using looks, actions, gestures · smashing things · destroying her property . abusing pets . displaying weapons.

## USING **EMOTIONAL ABUSE**

Putting her down . making her feel bad about herself . calling her names . making her think she's crazy · playing mind games · humiliating her · making her feel guilty.

### USING **ECONOMIC** ABUSE

Preventing her from getting or keeping a job . making her ask for money . giving her an allowance . taking her money . not letting her know about or have access to family income.

# **POWER** AND CONTROL

## USING MALE PRIVILEGE

Treating her like a servant . making all the big decisions . acting like the "master of the castle" . being the one to define men's and women's roles

## USING CHILDREN

Making her feel guilty about the children . using the children to relay messages · using visitation to harass her . threatening to take the children away.

## **USING ISOLATION**

Controlling what she does, who she sees and talks to, what she reads, where she goes . limiting her outside involvement . using jealousy to justify actions.

## MINIMIZING. DENYING AND BLAMING

Making light of the abuse and not taking her concerns about it seriously . saving the abuse didn't happen . shifting responsibility for abusive behavior . saving she caused it.

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