IT’S ONLY NAME-CALLING.

ABUSE IS ABUSE.
Let’s talk about it.

willow
Domestic Violence Center

(585) 222-SAFE 7233
WillowCenterNY.org
You can help
You can make a difference for someone you suspect is being abused.

THINGS TO DO

**Listen** without judgment, rejection, or blame for the person’s decisions.

**Believe** the person. Domestic violence can happen to anyone, and abusers often appear to be very nice people.

**Recognize** that your role is not to “rescue,” but to help.

**Educate** yourself on domestic violence.

**Encourage** the person to call the Willow hotline for confidential help any time, day or night.

**Support** the person and do not abandon them.

WORDS TO SAY

*I am sorry this is happening to you.*

*I care about you and I know talking about it can be hard.*

*This is not your fault.*

*You don’t deserve to be treated this way.*

*You have the right to be safe.*

QUESTIONS TO ASK

*Is someone hurting you?*

*Did someone hurt you?*

*Do you dread being alone with your partner?*

*What do you need to be safe right now?*

*How can I support you?*