

**IT'S
~~ONLY~~
NAME-
CALLING.**

ABUSE IS ABUSE.
Let's talk about it.



(585) **222-SAFE** 7233

WillowCenterNY.org

You can help

You can make a difference for someone you suspect is being abused.

THINGS TO DO

Listen without judgment, rejection, or blame for the person's decisions.

Believe the person. Domestic violence can happen to anyone, and abusers often appear to be very nice people.

Recognize that your role is not to "rescue," but to help.

Educate yourself on domestic violence.

Encourage the person to call the Willow hotline for confidential help any time, day or night.

Support the person and do not abandon them.

WORDS TO SAY

I am sorry this is happening to you.

I care about you and I know talking about it can be hard.

This is not your fault.

You don't deserve to be treated this way.

You have the right to be safe.

QUESTIONS TO ASK

Is someone hurting you?

Did someone hurt you?

Do you dread being alone with your partner?

What do you need to be safe right now?

How can I support you?